

Roaring 20's Healthy Menu

El Diablo Omelette \$10.99

Egg White Omelette filled with Tri-Colored Jalapenos, Bell Peppers, Onions, Baby Spinach, Broccoli, and Sun Dried Tomatoes. Served with Wheat Toast and Seasonal Fruits & Berries.

Banana & Nutella Crepes \$8.99

Crepes filled with Nutella and Sliced Bananas topped with Powdered Sugar, Chocolate Sauce and Whipped Cream. Served with a small side of Strawberries.

Spicy Vegan Chili Bowl/Cup \$5.99/\$3.99

Our hearty homemade Vegan Chili made with Black Beans, Tomatoes, Onions, Fresh Jalapenos and Shredded Carrots with a special blend of Spices and Cilantro.

Spicy Vegan Sloppy Joe \$9.99

Our awesome Vegan Chili reduced with Sautéed Button Mushrooms topped with Fresh Avocado and Baby Spinach on an Ancient Grains Roll. Served with a side of Sweet Potato Fries.

The Millennial Power Breakfast \$9.99

Warm Coconut Quinoa on a bed of Mixed Baby Greens topped with Fresh Egg Whites, two pieces of our Wheat Toast topped with Homemade Guacamole and a side of Seasonal Fruits and Berries.

Southwest Vegan Burger \$9.99

Homemade Vegan Burger with Black Beans, Chipotle Rice, Bell Peppers, Onions, Cilantro and a blend of spices, topped with a Grilled Poblano Pepper, Red Onions, Red Leaf Lettuce, Tomatoes on an Ancient Grains Roll. Served with a side of Sweet Potato Fries and Fresh Guacamole.

Superfood Salad \$9.99

Spinach, Fresh Greens, Coconut Quinoa, Blood Oranges, Blueberries and Walnuts, served with Lite Burgundy Dressing

Veggie Crepes \$9.59

Crepes filled with Spinach, Button Mushrooms, Broccoli, Bell Peppers, Onions and Tomatoes and topped with our Tomatillo Sauce, served with Wheat Toast and Seasonal Fruits and Berries.

Fresh Berry Parfait \$5.99

Vanilla Greek Yogurt, Granola (contains nuts) and Fresh Berries

*Please keep in mind that any Vegan items are prepared in a kitchen that also handles non-vegan products.